MARYLAND CENTER FOR
PHYSICAL THERAPY

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Pelvic Floor Therapy Questionnaire

Patient Name:_____ **Date:**_____

Please fill in the following questionnaire to the best of your ability. The therapist will review the answers with you at your appointment.

History

Number of pregnancies_____ Number of vaginal deliveries_____

Birth weight of largest baby_____ Number of cesarean deliveries_____

Number of episiotomies_____ Date of last pap smear_____

Did you have any trouble healing after delivery Y N

Do you have a history of sexual abuse or trauma Y N

Are you having regular periods/ menstrual cycles Y N

Do you have frequent urinary tract infections Y N

Pain

Do you have pain with:

- Sexual intercourse Y N
- Pelvic exam Y N
- Tampon use Y N

Back, leg, groin, abdominal pain Y N

Test results

Urodynamics test	Y	N	Results: _____
Cystoscope	Y	N	Results: _____
Urine Test	Y	N	Results: _____
Bowel Test	Y	N	Results: _____

Bladder symptoms

Do you lose urine when you:

Cough/sneeze/ laugh	Y	N	Lift/ exercise/ dance/ jump	Y	N
On the way to the bathroom	Y	N	Have a strong urge to urinate	Y	N
Hear running water	Y	N	Other _____	Y	N

Do you wet the bed	Y	N
Have burning/ pain with urination	Y	N
Difficulty starting a stream of urine	Y	N
Strain to empty your bladder	Y	N
Feel unable to empty bladder fully	Y	N
Have a falling out feeling	Y	N
Have an urgency of urination (a strong urge to urinate)	Y	N
Urinate more than 7 times/day	Y	N

Bowel symptoms

Strain to have a bowel movement	Y	N	Leak/ stain feces	Y	N
Include fiber in your diet	Y	N	Have diarrhea often	Y	N
Take laxatives/ enema regularly	Y	N	Leak gas by accident	Y	N
Have pain with bowel movement	Y	N			
Have a very strong urge to move your bowels	Y	N			

How often do you move your bowels: _____ per day, week

Most common stool consistency
_____liquid _____ soft ____firm _____pellets ____other_____

Thank you for taking the time to fill out this questionnaire.